

Ealing Cycling News

The LCC newsletter for Acton, Ealing, Greenford, Hanwell, Northolt, Perivale and Southall
April 2012

The Big Ride Saturday 28 April



Join 10,000 cyclists for a great day out and help make London a safer place to cycle in. Ealing Cycling Campaign are leading two feeder rides from Ealing Town Hall to join the main ride which leaves Speaker's Corner at 11.30am.

9am departure from Ealing Town Hall - Suitable for families and less confident cyclists, this is a slightly longer ride using quiet roads and cycle paths. Arrive from 8.30am for a prompt 9am departure.

10am departure from Ealing Town Hall - Alternative ride using Uxbridge Road and Holland Park Avenue (but avoiding the Shepherd's Bush roundabout). Arrive from 9.30am for a prompt 10am departure.

After The Big Ride we will return to Ealing Town Hall using quiet roads and parks, expected arrival time about 5pm.

Construction starts on Broadway Bike Hub

After two changes in design, the council has finally started work on installing the Ealing Broadway Bicycle Hub. The council twice modified the initial design to incorporate suggestions from local conservation groups who wanted a structure more sympathetic to the area.

We are very pleased that the council is forging ahead with this project. Installation is taking place between February and April. While the work is being carried out, the council are providing temporary cycle stands on Haven Green. Given the innovative design of the new cycle stands, we have asked the council if we can test a prototype pair of the stands to make sure that there won't be significant problems.



www.ealingbikehub.co.uk

As summer approaches, there's a lot going on at our Ealing Bike Hub in Greenford:

Maintenance lessons

We have a full programme ahead, from basic maintenance right up to full weekend sessions and a new Brompton course. You can book the following courses via the web site: www.ealingbikehub.co.uk

Sat 05 May 10:00 Intro. to bike maintenance

Sat 19 May 10:00 Park Tool School

Sat 02 Jun 10:00 Intro. to bike maintenance

Sat 09 Jun 10:00 Brompton Bicycle Course

Grants

We have obtained two grants: one to run open-access maintenance lessons – please get in contact for more information – and also a Sport England grant to run some bike polo try outs. Again do get in contact if you want us to turn up and run a bike polo session at your youth group, scouts, guides, school etc.

And More

Ealing Bike Hub also offers second hand bikes, cycle instruction and a host of other services. See web site for

WoWe
Women on Wheels cycling group



A new cycling group, WoWe, Women on Wheels has started up in Ealing, offering fun, free and friendly women-only cycle rides. It's open to all levels of ability - whether you're a complete newbie or an experienced cyclist, and offers the chance to meet new friends and get fit. To find out more, visit the WoWe website: www.ealingbikehub.co.uk/wowe or E-mail: wowealing@gmail.com. You can also find them on Facebook.

Next Meeting

We meet on the first Wednesday of the month. Our May meeting takes place at 7.30 pm on Wednesday 2nd May at our regular venue, Café Grove, 65 The Grove, W5 5LL.

The following meeting will be on Wednesday 6th June 2012 at the same time and place.

Contact:

info@ealingcycling.org.uk
www.ealingcycling.org.uk

Ealing Cycling Campaign visit Herne Hill Velodrome



The destination of the ECC social “Mystery Ride” on Sunday 6 November was still a mystery until 5 mins before we left Ealing Town Hall at 10.00am on the dot.

The ride leader Tim Greg announced to the group of cyclists which had gathered that the destination was to be the Herne Hill Velodrome. The question “Where’s Herne Hill?” was asked by one budding track cyclist !!

The Velodrome built in 1891 and recently saved from closure by local pressure, a generous local bequest and British Cycling, was used for the 1948 London Olympics, and is the last remaining venue from those games. Sadly it had since slowly fallen into disrepair. However it has recently benefitted from a new superb riding surface, erection of new safety barriers, and a new 15yr lease has been agreed.

We made our way to Herne Hill via Hammersmith Bridge, the River Thames path to Putney, and then via Wandsworth, Balham, to West Dulwich and finally the Velodrome. We had arranged that if we turned up between 12.30pm and 1.00pm we would be allowed to cycle round on our own bikes in return for small donations to their funds.

By now our numbers had grown from 30 to 33 !!. We all cycled around the historic cycling venue after a few introductory words from Joseph Alberti the resident coach on the day, who very kindly gave his time between booked sessions for us. Some of us would have liked to experience riding on proper track bikes, and it was suggested that we arrange an Ealing group session at some future time for those interested.

After our circuits we carried on to nearby Brockwell Park for lunch, and then returned to Ealing via various LCN routes to Clapham common.

Thanks to all who assisted on the ride, Miranda the back stop, those who mended punctures, waited on corners and herded up the ones who lost touch with their leader on the Lower Richmond Rd in Putney!!

Tim Greg

Rides Rides Rides...

We add new rides from time to time, so check our website for the latest details.

www.ealingcycling.org.uk

Sun 15 Apr - Gentle Ride

Our gentle rides are mostly off road (on smooth paths) at a very relaxed pace. We take a short ride to a local leisure spot to enjoy a picnic. Perfect for adults with young children on their own bikes or in trailers/child seats, or come along if you’re a beginner who wants to get used to your cycle or somebody that’s not cycled for a while.

Ride Type: Gentle

Meeting Time: Arrive from 9.30am for a prompt 10am departure.

Meeting Place: Ealing Town Hall, W5 4BY

Expected Return Time: 3pmish

Sun 28 Apr - The Big Ride

See overleaf.

Sun 6 May - Alexandra Palace

Come along and enjoy the views of London from atop the hill at Alexandra Palace

Ride Type: Leisurely

Meeting Time: Arrive from 9.30am for a prompt 10am departure.

Meeting Place: Ealing Town Hall, W5 4BY

Expected Return Time: 5pmish.

Sun 13 May - Olympic Road Race Route

- Speedy and Not so Speedy

Two rides, one route, following the Olympic Road Race Route, here’s hoping we meet at the lunch stop at the same time! Note this route is 65 miles long and takes in some big hills.

Meeting Time for Not So Speedy Ride: Arrive from 7.30am for a prompt 8am departure.

Meeting Time for Speedy Ride: Arrive from 9.30am for a prompt 10am departure.

Meeting Place for both rides: Ealing Town Hall, W5 4BY

Expected Return Time: 6pmish

Sun 13 May - Gentle Ride

Our gentle rides are mostly off road (on smooth paths) at a very relaxed pace. We take a short ride to a local leisure spot to enjoy a picnic. Perfect for adults with young children on their own bikes or in trailers/child seats, or come along if you’re a beginner who wants to get used to your cycle or somebody that’s not cycled for a while.

Ride Type: Gentle

Meeting Time: Arrive from 9.30am for a prompt 10am departure.

Meeting Place: Ealing Town Hall, W5 4BY

Expected Return Time: 4pmish

Sun 3 June - Silver Jubilee Rides

Two very topical rides to choose from on this long Bank Holiday weekend. Republicans and monarchists equally welcome!

a) Jubilee River Ride

A ride around the Jubilee River near Maidenhead and Windsor, picnicking on the banks of the Thames at Windsor.

Ride Type: Leisurely, with the option of a Speedy ride to the meeting point and back, more details closer to the time.

Meeting Times: See web site

Meeting Place: Ealing Town Hall

Expected Return Time: 5pmish

b) Royal Pageant Ride

Join Brian and Winston from Hounslow Cyclists for a ride into town to view the Royal Pageant as it makes its way along the River Thames.

Ride Type: Leisurely

Meeting Time: Arrive from 9.30am for a prompt 10am departure.

Meeting Place: Ealing Town Hall, W5 4BY

Expected Return Time: 5pmish

Sun 10 June - London Greenfair

A ride into town along The Regent’s Canal to the London Greenfair in Regent’s Park.

Ride Type: Leisurely

Meeting Time: Arrive from 9.30am for a prompt 10am departure.

Meeting Place: Ealing Town Hall, W5 4BY

Expected Return Time: 5pmish